To make Cock Ale

Take eight Gallons of well brewed strong Ale, & putt it in A Vessell fit for it, whilst it is working prepare the ingredients for it, to that quantity

You must take a large red Cock, parboyled, & take the skin of then cut him in peeces & breake both fleshe & bones with a cleaver, then put him into A clean earthen pot & 3 pound of Raisins of the sun stoned 2 Nutmeggs, 2, Rases of Ginger bruis’d half A pound of Dates slic’d put all these into the pot to the Cock, & then put to it 3 pints or two quarts of sack, so couer it close & set it near the fire till it warmes stirring it together now & then, if it should be sweet to drink without sugar, then putt in A pound or what quantity you please.

so when the Ale hath done working, put in all these things hearin into the barrell stopping it close so let it stand eight or nine days then draw it into bottles & keep it till tis fit to drink